# ELMINA 2024

THIRD INTERNATIONAL CONFERENCE ON ELECTRON MICROSCOPY OF NANOSTRUCTURES

ТРЕЋА МЕЂУНАРОДНА КОНФЕРЕНЦИЈА О ЕЛЕКТРОНСКОЈ МИКРОСКОПИЈИ НАНОСТРУКТУРА



September 9<sup>th</sup> -13<sup>th</sup>, 2024, Belgrade, Serbia 9–13. септембар 2024. Београд, Србија THIRD INTERNATIONAL CONFERENCE ON ELECTRON MICROSCOPY OF NANOSTRUCTURES

# ELMINA 2024

Serbian Academy of Sciences and Arts, Belgrade, Serbia September 9<sup>th</sup> -13<sup>th</sup>, 2024 http://www.elmina.rs

# Program and Book of Abstracts

Organized by: Serbian Academy of Sciences and Arts and Faculty of Technology and Metallurgy, University of Belgrade

> Endorsed by: European Microscopy Society

### THIRD INTERNATIONAL CONFERENCE ON ELECTRON MICROSCOPY OF NANOSTRUCTURES ELMINA2024 Program and Book of Abstracts

*Publisher:* Serbian Academy of Sciences and Arts Knez Mihailova 35, 11000 Belgrade, Serbia

*Editors:* Velimir R. Radmilović and Vuk V. Radmilović

*Technical Editor:* Vuk V. Radmilović

*Cover page:* Raduan Hindawi

*Printed in:* Serbian Academy of Sciences and Arts Knez Mihailova 35, 11000 Belgrade, Serbia

*Circulation:* 50 copies

ISBN 978-86-6184-056-2

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#### DATE AND VENUE:

The conference will be held September 9<sup>th</sup>-13<sup>th</sup>, 2024 at the Serbian Academy of Sciences and Arts, Knez Mihailova 35, 11000 Belgrade, Serbia, beginning at 8:30 AM on September 9<sup>th</sup>, in the Solemn hall.

## Visualization of Extracellular Vesicles Derived from Dental Mesenchymal Stem/Stromal Cells Using SEM and Immunogold TEM Analyses

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Extracellular vesicles (EVs) derived from mesenchymal stem/stromal cells (MSCs) have emerged as promising therapeutic agents in regenerative medicine. EVs are nanosized, membrane-limited vesicles containing protein and RNA cargo, released by various cell types for intercellular communication. It has been shown that EVs derived from MSCs play a significant role in the tissue regeneration process [1]. Dental MSCs such as human stem cells from the dental pulp of deciduous teeth (SHED cells) are easily accessible MSCs with high proliferative capacity [2]. The objective of this study was to isolate and characterize EVs derived from SHED, to explore their potential utility in regenerative medicine applications.

SHED cells were isolated from deciduous teeth from three donors, and their morphology and osteogenic potential were assessed through optical microscopy and Alizarin Red staining of cells cultured in osteogenic cell media for 21 days. SHED cells were then cultured in EVs depleted cell culture media and EVs were isolated from conditioned cell media by differential ultracentrifugation. The isolated EVs pellets underwent further characterization, including Western Blot for the detection of CD63 surface marker, Nanoparticle Tracking Analysis (NTA) for the size distribution, Bicinchoninic acid assay (BCA) to determine protein concentration and electron microscopy analyses for visualization. For the scanning electron microscopy (SEM) analysis EVs were fixed with glutaraldehyde, placed on aluminum stubs, and gold-sputterd for analysis. For immuno-gold transmission electron microscopy (TEM) analysis, samples were fixed on carbon-coated copper TEM grids, followed by immunoreactive binding of streptavidin-gold nanoparticles (10 nm) to the CD63-positive population of EVs.

Optical microscopy unveiled typical MSC morphology, exhibiting elongated spindle, cuboidal, and polygonal shapes consistent with 2D cell culture isolates. Alizarin Red staining, observed through optical microscopy, confirmed mineral matrix deposition by cells treated with osteogenic supplementation, indicating their differentiation capacity. Characterization of isolated EVs revealed the presence of the transmembrane protein CD63 by Western blot analysis. Additionally, the median size of the isolated EVs was 156 nm measured via NTA, while BCA analysis determined a total protein concentration of 200  $\mu$ g/ml. The SEM analysis confirmed the presence of EVs in the isolates (Figure 1), capturing individual particles with spherical morphology and sizes ranging from 70 nm to 250 nm. Immunogold TEM analysis revealed cup-shaped and spheroid morphologies, characteristic of EVs' appearance when using TEM,

as well as positive immunogold-labeling with transmembrane extracellular protein CD63. The presence of gold nanoparticles bound to the majority of EVs indicated a significant number of CD63-positive vesicles.

In conclusion, EVs derived from SHED cells were successfully isolated and characterized. The EVs exhibited characteristics typical for MSC EVs, including CD63 positivity [3], appropriate size distribution, protein content, and morphology [4], [5]. The potential utility of these EVs in regenerative medicine will need to be confirmed by assessing their function [6].

References:

- [1] D. Phinney and M. Pittenger, Stem Cells 35 (2017) pp. 851-858
- [2] E. Ledesma-Martínez *et al*, Stem Cells Int. **6** (2016).
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- [6] This work was supported by the Ministry of Science, Technological Development and Innovation of the Republic of Serbia (Contract No. 451-03-66/2024-03/200287; 451-03-65/2024-03/200135)



Figure 1. SEM micrograph of EVs.

CIP – Каталогизација у публикацији Народна библиотека Србије

66.017/.018(048) 544.2(048) 621.385.833.2(048)

INTERNATIONAL Conference on Electron Microscopy of Nanostructures ELMINA (3 ; 2024 ; Beograd)

Program ; & Book of Abstracts / Third International Conference ELMINA [Electron Microscopy of Nanostructures] 2024, Belgrade, Serbia, September 9th -13th, 2024 ; organized by Serbian Academy of Sciences and Arts and Faculty of Technology and Metallurgy, University of Belgrade ; [editors Velimir R. Radmilović and Vuk V. Radmilović]. - Belgrade : SASA, 2024 (Belgrade : SASA). - XX, 211 str. : ilustr. ; 24 cm

Na nasl. str.: European Microscopy Society. - Tiraž 50. - Bibliografija uz većinu apstrakata. - Registar.

ISBN 978-86-6184-056-2 а) Наука о материјалима -- Апстракти b) Нанотехнологија -- Апстракти v) Електронска микроскопија -- Апстракти

COBISS.SR-ID 151264521