BOOK OF ABSTRACTS

INTERNATIONAL CONGRESS

PUBLIC HEALTH – ACHIEVEMENTS AND CHALLENGES

October 15-16, 2024 Belgrade Republic of Serbia

Organized by

Institute of Public Health of Serbia

Dr Milan Jovanović Batut



ИНСТИТУТ ЗА ЈАВНО ЗДРАВЉЕ СРБИЈЕ "Др Милан Јовановић Батут"

Under the auspecies of

the Ministry of Health and the Ministry of Science, Technological Development and Innovation





Publisher

Institute of Public Health of Serbia Dr Milan Jovanović Batut

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The International Congress *Public health – achievements and challenges* has been accredited as continuing education program number No. A-1-1103/24 by the decision of the Health Council of the Republic of Serbia No. 153-02-239/2024-01 from May 27th 2024.

The International Congress *Public health – achievements and challenges*, Belgrade, Serbia, 15/10/2024 - 16/10/2024, LEE/2024/01510 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME*). Editors

Design Dragan Tadirović / Printed by M&G Media Group / Print run 300 copies

The publisher is not responsible for the content of the scientific papers and opinions published in the Book of Abstracts. They represent the authors' point of view.

Publication of Book of Abstracts was financially supported by the Ministry of Science, Technological Development and Innovation of the Republic of Serbia

ISBN 978-86-7358-139-2

СІР - Каталогизација у публикацији Народна библиотека Србије, Београд 614(048)

INTERNATIONAL congress Public health – achievements and challenges (2024; Beograd) Book of Abstracts / International congress Public health – achievements and challenges, October 15-16, 2024 Belgrade Republic of Serbia; [editors Verica Jovanović ... [et al.]]. - Belgrade: Institute of Public Health of Serbia "Dr Milan Jovanović Batut", 2024 (Belgrade: M&G Media group). - 272 str.: ilustr.; 30 cm

Tiraž 300. - Bibliografija uz pojedine apstrakte. - Registar.

ISBN 978-86-7358-139-2

а) Здравствена заштита -- Апстракти

COBISS.SR-ID 153835785

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COMMUNICABLE DISESES

DECADE OF PROGRESS: DECLINING TRICHINELLOSIS RATES IN SERBIA AND THE ROLE OF THE NATIONAL REFERENCE LABORATORY IN CONTROL AND RESEARCH

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DOI: 10.5937/BatutPHCO24127M

Trichinellosis, a mandatory reportable disease, remains a persistent zoonosis in Serbia due to regulatory violations, inadequate pork inspection, and insufficient awareness of health risks. Nonetheless, epidemiological data from the past decade (2014-2023) show a significant downward trend in Trichinella infection among the population, with the number of cases in the last five years being three times lower than in the previous five years. Over this ten-year period (except 2021) there have been 489 trichinellosis cases. Among these, 26% of serum samples were analyzed by the NRLT-INEP, with 113 (90%) confirmed positive for anti-Trichinella antibodies. Serum samples were also sent to NRLT-INEP for confirmatory testing using Western blot (Wb) when routine enzyme-linked immunosorbent assay (ELISA) or indirect immunofluorescence assay (IFA) tests failed to provide an unequivocal result. During this period, Wb was performed in 14 cases (11%) due to discrepancies between IFA and ELISA results. In addition to its role in definitive serodiagnosis of *Trichinella* infection for patients, the NRLT has made several national contributions by evaluating the immune response in the first recognized trichinellosis outbreak in Serbia caused by Trichinella britovi; showing that specific anti-Trichinella spiralis antibodies can persist in individuals for 13 and 18 years after infection; monitoring humoral and cellular immune responses to both the SARS-CoV-2 virus and Trichinella spiralis in patients with trichinellosis during the COVID-19 pandemic; demonstrating that applying the One Health concept in Serbia has improved infection control and reduced disease incidence in humans. Internationally, the NRLT collaborates with EU reference laboratories, participating in follow-up investigations of trichinellosis cases and in workshops and PT schemes organized by EURLP, ISS in Rome, Italy. Funded by Ministry of Science, Technological Development and Innovation, Republic of Serbia, Co. No. 451-03-47/2023-01/200019)

Keywords: Trichinella, trichinellosis, control, research, Serbia